



Mental Integration, Leadership & Advocacy Network

Statute of the M.I.L.A.N. Group

Mental Integration, Leadership & Advocacy Network
A Division of Doninu (Malta) International

Article 1 – Name and Legal Standing

1.1 The name of the group is **M.I.L.A.N. – Mental Integration, Leadership & Advocacy Network**.

1.2 M.I.L.A.N. functions as a **non-commercial, voluntary, non-political division** within the umbrella of **Doninu (Malta) International**.

1.3 It operates under the legal and ethical principles established in the main statute of Doninu (Malta) International.

Article 2 – Purpose and Objectives

2.1 The purpose of M.I.L.A.N. is to **promote mental health, trauma recovery, emotional wellbeing, and public advocacy** for humane and just mental health systems.

2.2 The key objectives of M.I.L.A.N. include:

- a) Offering community-based support in mental health and emotional resilience.
- b) Promoting trauma-informed education and services.
- c) Advocating for the rights of individuals with mental health conditions.
- d) Training and mentoring professionals and volunteers.
- e) Promoting leadership and ethical reform in mental health structures.
- f) Collaborating with local, national, and international entities for systemic change.

Article 3 – Principles

3.1 M.I.L.A.N. shall be guided by the following principles:

- **Human dignity and autonomy**
- **Confidentiality and non-judgment**
- **Free, non-commercial assistance**
- **Inclusion of persons with lived experience**
- **Respect for all faiths and beliefs**
- **Trauma-informed, person-centred practices**

Article 4 – Structure and Governance

4.1 M.I.L.A.N. shall be governed by a **Core Coordination Group** appointed by Doninu (Malta) International.

4.2 The group shall include:

- a) **A Coordinator**
- b) **A Mental Health and Trauma Advisor**
- c) **A Peer Support Representative**

- d) A **Community Liaison Officer**
- e) Other experts or volunteers as needed

4.3 **Sir Prof. DDr. Milan Krajnc** shall serve as **Honorary Global Mentor** and advisor to the group on matters of public mental health and trauma leadership.

Article 5 – Membership

5.1 Membership is open to:

- a) Professionals in psychology, social work, psychotherapy, and crisis intervention.
- b) Survivors and individuals with lived experience.
- c) Volunteers aligned with the values of Doninu (Malta) International.
- d) Collaborators from Malta and abroad.

5.2 All members must agree to the **non-commercial, non-political, and rights-based** values of the organisation.

Article 6 – Activities

M.I.L.A.N. may carry out the following activities:

- Workshops, listening circles, and training sessions
- Outreach and crisis response
- Publications and advocacy campaigns
- Collaboration with schools, shelters, care homes, and NGOs
- Legal and policy reform proposals in mental health
- Peer support coordination and lived experience representation

Article 7 – Funding and Resources

7.1 M.I.L.A.N. shall not accept or request **any form of monetary donations**.

7.2 All support shall be provided **in-kind**, through **volunteer service**, donated resources, or ethical partnerships, in line with Doninu's core rules.

7.3 No member shall receive payment, profit, or commercial benefit for work within M.I.L.A.N.

Article 8 – Accountability and Ethics

8.1 M.I.L.A.N. shall maintain full transparency with Doninu (Malta) International regarding its members, activities, and any collaborations.

8.2 Members must adhere to strict ethical guidelines, including:

- Confidentiality
- Respectful communication
- Zero tolerance for abuse, discrimination, or exploitation

Article 9 – Amendments and Dissolution

9.1 This statute may be amended by agreement of the Doninu (Malta) International Board.

9.2 M.I.L.A.N. may be dissolved at any time by formal decision of Doninu (Malta) International, especially if its values are compromised or its function becomes obsolete.

Adopted by Doninu (Malta) International

Location: Malta

**Adopted by the Founding Committee of M.I.L.A.N.
under the auspices of Doninu (Malta) International**

Board Member of Doninu (Malta) International

Sir Prof. DDr. Milan Krajnc is a formal member of the Board of Doninu (Malta) International, serving as a senior expert and advisor in the fields of mental health, psychotherapy, trauma recovery, and crisis leadership.

He is also the international honorary mentor of **M.I.L.A.N.** — a specialised entity operating **within** Doninu (Malta) International, dedicated to:

- **Mental health awareness and support**
- **Trauma recovery and healing**
- **Crisis intervention**
- **Innovative therapy models**
- **Public education on emotional resilience**
- **Leadership development for mental health professionals**

About Sir Prof. DDr. Milan Krajnc:

- **Psychotherapist** trained in Reality Therapy and Transactional Analysis
- **Doctor of Science in Management** (ECPD / University for Peace, established by the United Nations)
- **University Professor** in Public Management
- **Author of over 500 books** on leadership, psychology, and emotional intelligence
- **Knight of Malta (Federation of Autonomous Priories)**
- **Member of various European and international police and protection associations**
- **Nobel Prize nominee in Economics (2021)**
- **Captain – North Atlantic Admiralty of Sahara Naval Forces**

Residence: Monte Carlo, Monaco

Nationality: Slovenian

His wealth of experience — spanning over 20 years across 10+ countries and more than 1000 institutions — provides Doninu (Malta) International with a uniquely qualified and globally respected presence in the fields of trauma-informed care, mental health systems reform, and public service transformation.